



## Vulnerable and at-Risk groups

Certain groups of people are at increased risk of severe disease from COVID-19, including people who are:

These should be dissuaded from coming

- . aged 70 or older (regardless of medical conditions)
- . under 70 with an underlying health condition listed below (that is, anyone instructed to get a flu jab each year on medical grounds):
  - . chronic (long-term) mild to moderate respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
  - . chronic heart disease, such as heart failure
  - . chronic kidney disease
  - . chronic liver disease, such as hepatitis
  - . chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy
- . diabetes
- . a weakened immune system as the result of certain conditions, treatments like chemotherapy, or medicines such as steroid tablets
- . being seriously overweight (a body mass index (BMI) of 40 or above)
- . pregnant women